

AGE LIMITS

Children's Center

6 weeks to 6 months: Limit 1 hour
7 months to 11 months: Limit 1.5 hours
1 year & up: Limit 2 hours
*Subject to change during reopening

Locker Rooms

6 years & up: May not use opposite sex locker rooms

Basketball Court

3 to 14 years: May use with guardian ONLY
15 years: May use alone with completed **behavioral contract** and guardian on premises
16 years: May use alone
*No pickup games or ball rentals. Only members of same family at each basket.

Weight Room, Group Exercise

13 to 15 years: May use with guardian ONLY and with completed **fitness orientation** with a personal trainer
15 years: May use alone with completed **behavioral contract** and guardian on premises. 15 year olds need a completed **fitness orientation** with a personal trainer
16 years: May use alone, must be a member.

Pool

5 years & under: Must wear plastic pants under their bathing suit if not potty trained.
Adult Lap Swim: 13 to 15 years: Competitive youth with guardian present
Group Aqua Classes: 13 years & up: May participate in aqua classes with guardian
Modified Open Swim: 16 years & up: May swim in the 2 designated lap lanes
Under 16 years: May participate in open swim if guardian is present
Scheduled & Paid Pool Parties: Under 16 years: One adult chaperone per five children. Each child must have a signed waiver on file if not with a guardian and a certified lifeguard is required.

ClubWorx Key Tags

16 years & up: May have card and access to facilities without guardian supervision

Cardio Deck Orientation

10 to 12 years: Must have **fitness orientation** with a personal trainer
13 years -15 years: Must have parent present, **fitness orientation** is available but not required
Once the orientation is complete, youth members will be able to use the cardio deck with a parent:
Monday to Friday - 5:00am - 8:00am, 11:30am - 5:00pm and 7:00pm - Close,
Saturdays - 12:00 - Close, Sunday - no restrictions

Member Guests

12 years & under: Guest fee \$10
13 & over: Guest fee \$15
17 years & under: Must be accompanied by guardian 18 years or older or have a Temporary Guardian Waiver on file.
16 years & up: May bring in guests ages 18 & up
18 years & up: May bring in younger siblings on a family membership with a guardian waiver form. They may also bring guests 18 years and older. They cannot bring in minors that are not on their membership.

LOCALLY OWNED AND OPERATED SINCE 2001

Kids may be allowed in areas other than those specified above if they are involved in a structured Children's ClubWorx class or program

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